

PE Long Term Plan Goxhill

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Cycle A	Introduction to PE (unit 1)	Fundamentals (unit 1)	Dance (Unit 1)	Gymnastics (shape, strategy, balance & rolls - unit 1)	Ball skills (unit 1)	Games (unit 1)
EYFS Cycle B	Introduction to PE (unit 2)	Fundamentals (unit 2)	Dance (Unit 2)	Gymnastics (shape, strategy, jumps & rolls - unit 2)	Ball skills (unit 2)	Games (unit 2)
Year 1	Team building Fundamentals (link to athletics)	Dance	Gymnastics (shape, strategy, balance & rolls)	Target OAA	Athletics Net/wall	Invasion games Striking/Fielding
Year 2	Team building Fundamentals (link to athletics)	Dance	Gymnastics (shape, strategy, jumps & rolls)	Target OAA	Athletics Net/wall	Invasion games Striking/Fielding
Year 3	Invasion Games - Hockey	Dance	Gymnastics	Target - dodgeball OAA	Athletics Invasion Games - Tag Rugby	Net/wall - Tennis Striking/Fielding - Rounders
Year 4	Target - Dodgeball OAA	Dance	Gymnastics	Swimming	Athletics Invasion Games - Football	Net/wall - Tennis Striking/Fielding - Cricket
Year 5	Invasion Games - Hockey	Dance	Gymnastics	Target - Dodgeball OAA	Athletics Invasion Games - Tag Rugby	Net/wall - Tennis Striking/Fielding - Rounders
Year 6	Invasion Games - Hockey	Dance	Gymnastics	Target - dodgeball OAA	Athletics Invasion Games - Football	Net/wall - Tennis Striking/Fielding - Cricket

